

**QUADRAGESIMA: THE 40 DAYS OF LENT**  
**FAST AND ABSTINENCE LAWS AND DISCIPLINES**

The **current law** of the Church obliges those age 14 and over to **abstain from meat** on Ash Wednesday and all Fridays of Lent. Those age 18 through 59 are also obliged to **fast** on Ash Wednesday and Good Friday.

**Fasting** is defined as one full meal and two other meals which, when combined are less than a full meal.

**Current Recommended Norms for Fasting** (from USCCB):

- For all weekdays of Lent, we strongly recommend a self-imposed observance of fasting.
- Observe a literal all-day fast, or give up particular foods or drinks in addition to abstinence from meat on the Fridays of Lent.
- If possible, the fast on Good Friday is to be continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast".

<https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/len/us-bishops-pastoral-statement-on-penance-and-abstinence>

<https://www.usccb.org/beliefs-and-teachings/how-we-teach/new-evangelization/year-of-faith/call-to-prayer-pledge>

<https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/len/catholic-information-on-lenten-fast-and-abstinence>

The **traditional practice** and discipline in place in 1962 obliged those age 7 and over to **full abstinence** from meat on all Fridays of the year, Ash Wednesday, Holy Saturday, and the Vigil of Christmas (Christmas Eve).

Likewise, **traditionally, partial abstinence** (meat permitted once a day at the principle meal): all the days of Lent, the Ember Days of Wednesday and Saturday, and the Vigils of Pentecost and the Assumption.

The **traditional law** for **fasting** applied to those age 21 through 59. Fasting was to be done on all days of Lent (except Sundays) from Ash Wednesday inclusive, Ember Days, and the Vigils of Christmas, Pentecost and the Assumption.

**St. Stephen Catholic Church,**  
**Portland, Oregon**  
**Sunday April 3rd, 2022**



*Passiontide at St. Stephen's, Portland, Oregon*

**Passion Sunday**

## PARISH STAFF

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## MASS INTENTIONS FOR THIS WEEK

- Sat 4/2: Oscar Costa  
Fernando Hincapie
- Sunday 4/3: + Austin Smith  
People of the Parish  
+ Robert Kenneth Andersen
- \* Mon 4/4 + Joseph E. Graziano
- \* Tues 4/5 (No Noon Mass today)
- Wed 4/6: (No Noon Mass today)  
+ Priscilla Miller
- Thu 4/7: + Teresa W, Storm
- Fri 4/8: Nicolai Bajanov
- Sat 4/9: + Richard Collins and Family  
+ Viktor Vaganov
- Sunday 4/10: Dennis Barry  
People of the Parish  
+ Max Francois

## OFFERTORY COLLECTION *(this week and month to date)*

Envelopes/Cash: \$2,781.15		+/- budget
Online: \$1,517.50		
Total WTD: \$4,298.65	Budget: \$5,900	- \$1,601.35
Total MTD: \$25,019.50	Budget: \$23,600	+ \$1,419.50
Maint/Restore: \$550.00	Budget: \$2,083	- \$1,533.00
Sacred Music: \$120.00	Budget: \$260	- \$140.00

**Online giving:** <https://www.saintstephenpdx.com/special-events>

**MASS READINGS** (Traditional Latin Mass - 1962 Missal)

**Saturday:** Isa. 49:8-15; John 8:12-20

**Sunday:** Heb. 9:11-15; John 8:46-59

**Monday:** Jonas 3:1-10; John 7:32-39

**Tuesday:** Daniel 14:27-42; John 7:1-13

**Wednesday:** Lev. 19:1, 2, 11-19; John 10:22-38

**Thursday:** Dan. 3:25, 34-45; Luke 7:36-50

**Friday:** Jeremias 17:13-18; John 11:47-54

**Saturday:** Jeremias 18:18-23; John 12:10-36

**Sunday:** Matt. 21:1-9; Phil. 2:5-11; Matt. 26:36-75; 27:1-66

**LESSONS AT MATINS** (Traditional Roman Breviary-1962)

find online at <http://divinumofficium.com> or as an app (Breviarium meum)

**Saturday:** Homily of St. Augustine on John 8:12-20

**Sunday:** Jeremias 1:1-19; Homily of St. Gregory on John 8:46-59

**Monday:** Homily of St. Augustine on John 7:32-39

**Tuesday:** Homily of St. Augustine on John 7:1-13

**Wednesday:** Homily of St. Augustine on John 10:22-38

**Thursday:** Homily of St. Gregory on Luke 7:36-50

**Friday:** Homily of St. Augustine on John 11:47-54

**Saturday:** Homily of St. Augustine on John 12:10-36

**Sunday:** Jeremias 2:12-22,29-32; Homily of St. Ambrose on Matt. 21:1-9

## UPCOMING SECOND COLLECTIONS

4/3 Sacred Music Fund

4/17 Easter Sunday: Air Conditioning 2nd Collection

## COFFEE AND DONUTS IN CARMODY HALL

Join us after the Sunday 10:30 am Mass for Coffee and various good things to nibble on. A great social opportunity!

## SUBSCRIBE TO THE PARISH YOUTUBE CHANNEL

Saint Stephen Catholic Church PDX. [https://www.youtube.com/channel/UCenIuv9m\\_Zo\\_8lvGRz\\_72A](https://www.youtube.com/channel/UCenIuv9m_Zo_8lvGRz_72A)

### **PASSIONTIDE - THE VEILING OF STATUES**

The main statues and crucifixes in the church will be veiled in violet during the day Saturday, April 2nd, in preparation for Passion Sunday on April 3rd. This mini-liturgical season of Passiontide occurs during the last two weeks of Lent. The practice of veiling statues and crucifixes follows from the Gospel of Passion Sunday, in which the Scribes and Pharisees are ready to put the Lord to death, so He hides Himself from them. His hour has not yet come, but as that hour draws near, we hide Him from our view by veiling his crucifixes and the images of saints in the church. You may also observe this at home.

### **THE FOUR PASSIONS OF HOLY WEEK**

In the Traditional Latin Mass, all four gospel accounts of the Passion of the Lord are proclaimed during the Masses of Holy Week beginning with the Passion according to St. Matthew on Palm Sunday, followed by the Passion according to St. Mark on Tuesday; the Passion according to St. Luke on Wednesday (also known as Spy Wednesday - when Judas betrayed the Lord); and finally the Passion according to St. John on Good Friday.

### **WHAT IS TENEBRAE?**

The word 'tenebrae' refers to darkness. Tenebrae is the Traditional nocturnal office of psalms and readings prayed during the Triduum. A hearse of candles is lit (a singular triangular candelabra of 15 candles), each of which is extinguished one by one at the end of each of 14 psalms. The readings each day from the first Nocturne are from the Lamentations; the second Nocturne from St. Augustine; the third Nocturne from St. Paul. Mons. Pierre Batiffol writes: "And then came the 'triduum,' the last three ferias of the Holy Week, and the office assumes the amplitude which characterizes the most solemn anniversaries." (History of the Roman Breviary, 1912. p. 92). It is believed that the Roman Office of the Triduum is so ancient, that it "already existed at Rome in the sixth century in much the same state as now" (ibid. fn.3, p. 92). Traditionally, Masses have been celebrated in the daytime and Tenebrae at night: "The office commenced at midnight...At the night office of Maundy Thursday, celebrated at S. John Lateran, the basilica was lit up as usual: but on Good Friday, when the office was sung at Holy Cross in Jerusalem, all the lights were extinguished one after another, so that at the end of the *Benedictus* only one remained alight, which was then hid behind the altar until the next day...in token that the Light of the world was extinguished, Christ being dead, and that darkness was upon the face of the whole earth. The night office of Easter Eve was celebrated in the dark, only one lamp being suffered to be lit for the reader" (p. 93). In 1955, the Holy Week services were reformed, and Tenebrae switched places with the Masses and services at the altar which had previously been celebrated in the daytime. We will celebrate Tenebrae at 7:30 am during the Triduum. Thursday, Friday, and Saturday morning will be the full Latin office lasting approx two hours. Booklets with English Translation will be provided.

### ***This week's schedule:***

#### **Sat, Apr. 2: Feria of Lent (3rd Class) Comm. St. Francis of Paula**

- 8 am: Adoration and Sung Latin Lauds
- 9 am: Sung Latin Mass
- 10:30 am: Confessions
- 4 pm: Sung Latin Vespers (**First Vespers of Passion Sunday**)
- 5 pm: English Mass

#### **Sunday, Apr. 3rd: Passion Sunday (1st Class)**

- 7:15 am: Sung Latin Lauds
- 8:00 am: Low Latin Mass
- 9:15-10:15 am: Confessions
- 10:30 am Sung Latin Mass
- 5:00 pm: Sung Latin Vespers
- 6:00 pm: Low Latin Mass

#### **Monday, April 4th: Feria of Passiontide (3rd Class); Comm. St. Isidore**

- 8:15 am: Sung Lauds
- 9:00 am: Low Latin Mass

#### **Tuesday, April 5th: Feria of Passiontide (3rd Class) Comm. St. Vincent Ferrer**

- 12 pm: **NO PUBLIC MASS TODAY**
- 5 pm: **NO PUBLIC VESPERS TODAY**

#### **Wednesday, April 6th: Feria of Passiontide (3rd Class)**

- 12 Noon: **NO PUBLIC MASS**
- 5 pm: Adoration and Sung Latin Vespers
- 5:30 pm: Confessions
- 6:00 pm: Rosary
- 6:45 pm: Low Latin Mass

#### **Thursday, April 7th: Feria of Passiontide (3rd Class)**

- 5 pm: Sung Latin Vespers
- 5:30 pm: Confessions
- 6:45 pm: Low Latin Mass

#### **Friday, Apr. 8th: Feria with Comm. Seven Sorrows of the BVM (3rd Class)**

- 11 am: Confessions
- 12 pm: Low Latin Mass
- 5 pm: Sung Latin Vespers
- 7 pm: Stations of the Cross followed by Adoration and Confessions
- 8:30 pm: Sung Compline followed by Benediction of the Bl. Sacrament

**ABSTINENCE**

#### **Sat, Apr. 9th: Feria of Passiontide (3rd Class)**

- 8 am: Adoration and Sung Latin Lauds
- 9 am: Sung Latin Mass
- 10:30 am: Confessions
- 4 pm: Sung Latin Vespers (**First Vespers of Palm Sunday**)
- 5 pm: English Mass

#### **Sunday, Apr. 10th: Palm Sunday (1st Class)**

- 7:15 am: Sung Latin Lauds
- 8:00 am: Low Latin Mass
- 9:15-10:15 am: Confessions
- 10:30 am Sung Latin Mass
- 5:00 pm: Sung Latin Vespers
- 6:00 pm: Low Latin Mass



## UPCOMING EVENTS AT ST. STEPHEN'S

### BAPTISM

4/9: Penelope Anne Hayden  
James Augustine Bennett

### MATRIMONY

5/28: Guidos/Tobusch Wedding

### EXODUS/MAGNIFY 90: JANUARY 17 - APRIL 17TH, 2022

Please pray one Our Father daily for the men and women from the parish who are doing Exodus 90/Magnify 90.

### SOUP/SANDWICH SUPPERS AND STATIONS OF THE CROSS

This coming Friday, April 1st and Friday, April 8th.

5:45 pm. Meatless Soup Supper (potluck) in Carmody Hall

7:00 pm. Stations of the Cross (St. Alphonsus version)

7:45 pm. Adoration and Confessions

8:30 pm. Sung Compline

### HOLY WEEK SCHEDULE (1962 Missal)

**Monday, Tuesday, Wednesday** as usual.

**Holy Thursday** 4/14: 7:30 am Tenebrae 7 pm Sung Latin Mass

**Good Friday** 4/15: 7:30 am Tenebrae 3 pm Passion Liturgy

**Holy Saturday** 4/16: 7:30 am Tenebrae 9:00 pm Easter Vigil

**Easter Sunday** 4/17: 9 am Low Latin Mass  
11 am Sung Latin Mass  
No Confessions, Vespers or Evening Mass

### NO CCD ON EASTER SUNDAY

### THE GREATER LITANIES - APRIL 25TH

Pre-dating the feast of St. Mark the Evangelist, the Church has long commemorated the entrance of St. Peter in Rome on April 25th with a Rogation Mass and Procession. This liturgy is penitential in the midst of the Easter Season. The Mass and Procession are identical to the Lesser Litanies that occur on the three days preceding Ascension Thursday. The evening's schedule will be as follows:

- 5 pm: Sung Latin Vespers
- 5:30 pm: Sung Litanies and Procession (approx 1 hour)
- 6:30 pm (Approx): Low Latin Rogation Mass.

## MORE EVENTS AT ST. STEPHEN'S

### MEN'S HOLY LEAGUE NIGHT - WEDNESDAY APRIL 27TH

- 5 pm Adoration and Vespers;
- 5:30 pm Confessions,
- 6:00 pm Rosary,
- 6:45 pm Mass, followed by Sermon and Social.

### LADIES HOLY HEART MINI-RETREAT - MAY 4TH

- 5 pm Adoration and Vespers;
- 5:30 pm Confessions,
- 6:00 pm Rosary,
- 6:45 pm Mass, followed by Sermon and Social.

### OUR LADY OF FATIMA RETREAT DAY - SAT. MAY 14TH

Celebrate the 75th Anniversary of Our Lady's Blue Army, Saturday, May 14, 8am to noon at St. Stephen Parish, 1112 SE 41st Ave. Portland. 8 am Adoration and Lauds, 9 am Low Latin Mass, 10 am Rosary and Confessions, 10:30 am Refreshments. 11 am Talk by Fr. Eric Andersen "Sister Lucia and the Blue Army". Free will offering. For more info call 503-914-8411.

### MOVIE NIGHT: THE MIRACLE OF OUR LADY OF FATIMA (1952)

Saturday, May 14th. Carmody Hall. Potluck at 6 pm. Movie starts after Dinner. In this story based on true events of 1917, three Portuguese children share a miraculous, prophetic vision of the Virgin Mary. Warner Bros. Technicolor. 1 Hour, 42 minutes.

